# Children & Family Support Email

**Send Date:** Monday, Nov 14

**Subject Line:** Do you believe children are our future?

**Attachment**: [Children & Family Support Badge](https://givecfc.org/sites/cfc.org/files/22%20Toolkit%20Reference%20Files/cause_week_children_family_support_badge_2022.png)

The CFC cause this week is **Children & Family Support**. One of our CFC organizations runs a shelter for children waiting for foster care. Many of the children come from situations of neglect or abuse. The shelter tries to help these children feel safe, secure, and stable to restore their self-esteem. They work hard to win these children’s trust. Sometimes, something seemingly simple wins them over. For one little girl, Madeline, it was a food she had never had before, but loved. It was an exciting day at the shelter when Madeline tasted her dinner and finally opened up, squealing “I love spaghetti!”

**Would you like to make sure all children have a “spaghetti” moment?** Here are some examples of what you can do through your CFC donation:

* Build a child’s confidence through sports.
* Provide family counseling services.
* Train pediatricians to identify signs of child abuse and trauma.

**Here’s how you can help**:

1. [Donate to a CFC charity](https://cfcgiving.opm.gov/welcome) working in **Children & Family Support**.
2. [Learn more](https://givecfc.org/cause-week-children), [watch videos](https://givecfc.org/virtual-videos?field_charity_name_value=&field_cfc_number_value=&field_cause_of_the_week_target_id%5B%5D=96&field_charitytype_target_id=All&field_cfczone_target_id=All), and [read stories](https://givecfc.org/charity-stories?field_charity_name_value=&field_cfc_number_value=&field_cause_of_the_week_target_id%5B%5D=96&field_charitytype_target_id=All) about **Children & Family Support**.
3. **Show your support**. If **Children & Family Support** is your cause, show your support by using the attached badge in your email signature or on social media.

Thank you for your continued support of the causes that matter to you and willingness to change the world through the CFC.